



Sunday June 19, 2022

Arlington Hills Lutheran Church

Juneteenth—End to Slavery—A Federal Holiday

Juneteenth (short for “June Nineteenth”) marks the day when federal troops arrived in Galveston, Texas in 1865 to take control of the state and ensure that all enslaved people be freed. The troops’ arrival came a full two and a half years after the signing of the Emancipation Proclamation. Juneteenth honors the end to slavery in the United States and is considered the longest-running African American holiday. On June 17, 2021, it officially became a federal holiday.

Sunday, June 19, 2022

Introduction

This Sunday's texts paint startling pictures of the horrific nature of sin. The church's repeated celebration of holy communion counters that tragic reality in a continued showing forth of the death of Jesus until he comes again. It is a dramatic declaration of "how much God has done for you."

Prelude **"Praise the One Who Breaks the Darkness"** **arr. Zach Unke**

Greeting: *(Luke 8:29)*

P: Alleluia. Return to your home and declare how much God has done for you.

All: **Alleluia.**

Welcome and Announcements

Confession and Forgiveness

All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.

P: Blessed be the holy Trinity, ☩ one God, whose steadfast love endures forever.

All: **Amen.**

P: Let us confess our sin in the presence of God and of one another.

Silence is kept for reflection.

Merciful God,

All: **we confess that we have not followed your path but have chosen our own way. Instead of putting others before ourselves, we long to take the best seats at the table. When met by those in need, we have too often passed by on the other side. Set us again on the path of life. Save us from ourselves and free us to love our neighbors. Amen.**

P: Hear the good news! God does not deal with us according to our sins but delights in granting pardon and mercy. In the name of † Jesus Christ, your sins are forgiven. You are free to love as God loves.

All: Amen.

Prayer of the Day

P: O Lord God, we bring before you the cries of a sorrowing world. In your mercy set us free from the chains that bind us, and defend us from everything that is evil, through Jesus Christ, our Savior and Lord.

All: Amen.

Gathering Hymn “Oh, For A Thousand Tongues to Sing” ELW# 886
All Verses (Found on page 13)

Readings

Assisting Minister

First Reading: Isaiah 65:1-9

The prophet announces God's impatience. The people's self-absorption is idolatry, and images of practices that displease God fill this reading. Like a vintner who crushes the grape to release the wine, God will use Israel's exile to establish a new community of the faithful.

¹I was ready to be sought out by those who did not ask, to be found by those who did not seek me. I said, “Here I am, here I am,” to a nation that did not call on my name.

²I held out my hands all day long to a rebellious people, who walk in a way that is not good, following their own devices;

³a people who provoke me to my face continually, sacrificing in gardens and offering incense on bricks;

⁴who sit inside tombs, and spend the night in secret places; who eat swine's flesh, with broth of abominable things in their vessels;

⁵who say, “Keep to yourself, do not come near me, for I am too holy for you.” These are a smoke in my nostrils, a fire that burns all day long.

⁶See, it is written before me: I will not keep silent, but I will repay; I will indeed repay into their laps

⁷their iniquities and their ancestors' iniquities together says the LORD; because they offered incense on the mountains and reviled me on the hills, I will measure into their laps full payment for their actions.

⁸Thus says the LORD: As the wine is found in the cluster, and they say, “Do not destroy it, for there is a blessing in it,” so I will do for my servants’ sake, and not destroy them all.

⁹I will bring forth descendants from Jacob, and from Judah inheritors of my mountains; my chosen shall inherit it, and my servants shall settle there.

Psalm: Psalm 22:19-28

In the midst of the assembly I will praise you. (Ps. 22:22)

¹⁹But you, O LORD, be not far away; O my help, hasten to my aid.

²⁰**Deliver me from the sword, my life from the power of the dog.**

²¹Save me from the lion’s mouth! From the horns of wild bulls you have rescued me.

²²**I will declare your name to my people; in the midst of the assembly I will praise you.**

²³You who fear the LORD, give praise! All you of Jacob’s line, give glory. Stand in awe of the LORD, all you off-spring of Israel.

²⁴**For the LORD does not despise nor abhor the poor in their poverty; neither is the LORD’s face hidden from them; but when they cry out, the LORD hears them.**

²⁵From you comes my praise in the great assembly; I will perform my vows in the sight of those who fear the LORD.

²⁶**The poor shall eat and be satisfied, Let those who seek the LORD give praise! May your hearts live forever!**

²⁷All the ends of the earth shall remember and turn to the LORD; all the families of nations shall bow before God.

²⁸**For dominion belongs to the LORD, who rules over the nations.**

Second Reading: Galatians 3:23-29

For Paul, baptism is a powerful bond that unites people not only with God but with other believers. Those who call themselves children of God experience a transformation that removes prejudices of race, social class, or gender in favor of true unity in Christ.

²³Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. ²⁴Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. ²⁵But now that faith has come, we are no longer subject to a disciplinarian, ²⁶for in Christ Jesus you are all children of God through faith. ²⁷As many of you as were baptized into Christ have clothed yourselves with Christ. ²⁸There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. ²⁹And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

AM: Word of God, Word Of Life

All: **Thanks be to God.**

Gospel Acclamation

P: The holy gospel according to Luke, the 8th Chapter.

All: **Glory to you, O Lord.**

Gospel: Luke 8:26-39

Jesus' mission includes foreigners and his authority extends to the casting out of demons. Some who witness Jesus' work are seized with confusion and fear, but the man who was healed is commissioned to give testimony to God's mercy and power.

²⁶Then [Jesus and his disciples] arrived at the country of the Gerasenes, which is opposite Galilee. ²⁷As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. ²⁸When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me"—²⁹for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) ³⁰Jesus then asked him, "What is

your name?” He said, “Legion”; for many demons had entered him. ³¹They begged him not to order them to go back into the abyss.

³²Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. ³³Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

³⁴When the swineherds saw what had happened, they ran off and told it in the city and in the country. ³⁵Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. ³⁶Those who had seen it told them how the one who had been possessed by demons had been healed. ³⁷Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. ³⁸The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, ³⁹“Return to your home, and declare how much God has done for you.” So he went away, proclaiming throughout the city how much Jesus had done for him.

P: This is the gospel of the Lord.

All: **Praise to you, O Christ.**

Sermon

Pastor Misgwa

Hymn of the Day

“Praise The One Who Breaks the Darkness”

ELW# 843

Verses 1-3 (Found on page 14)

Apostle’s Creed

All: **I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, God’s only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary, suffered under Pontius Pilate,
was crucified, died, and was buried; he descended to the dead.**

**On the third day he rose again; he ascended into heaven,
he is seated at the right hand of the Father, and he will come to
judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Offering

Offering Music “Blessed Assurance” arr. Greg Bottomley

Offering Prayer

**P: God of abundance: you have set before us a plentiful harvest. As we feast
on your goodness, strengthen us to labor in your field, and equip us to
bear fruit for the good of all, in the name of Jesus.**

All: Amen.

Invitation to Communion

P: In Christ’s presence there is fullness of joy. Come to the banquet.

Words of Institution

P: Let us proclaim the mystery of faith.

All: Christ has died, Christ has risen. Christ will come again.

Lord’s Prayer

**All: Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread; and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,
forever and ever. Amen**

Distribution

Prayer after Communion

P: Life-giving God, through this meal you have bandaged our wounds and fed us with your mercy. Now send us forth to live for others, both friend and stranger, that all may come to know your love. This we pray in the name of Jesus.

All: Amen.

Sending Hymn **“We Are Marching In The Light Of God”** **ELW# 866**
All Verses (Found on page 15)

Blessing

P: The God of peace, Father, ☩ Son, and Holy Spirit, bless you, comfort you, and show you the path of life this day and always.

All: Amen.

Postlude **“Oh, For a Thousand Tongues to Sing”** arr. **Greg Bottomley**

Dismissal

P: Go in peace. Love your neighbor.

All: Thanks be to God.

Leading Worship Today

Pastor: Rev. Dr. Mitch Kinsinger and Pastor Lusungu Lwidiko Misgwa

Music: Barb Rossow

Assisting Ministers: Chris Anderson and Diane Allmendinger

Livestream Producer: Jim Persoon

Copyright © 2021 Augsburg Fortress. All rights reserved.
Permission to podcast / stream the music in this service obtained from
ONE LICENSE, License #72077. All rights reserved.”

Parts of the Liturgy reprinted from *EVANGELICAL LUTHERAN WORSHIP*, copyright © 2006 Augsburg Fortress. All rights reserved. Used
by permission of Augsburg Fortress license #15484-LIT.

*Our service today will be live streamed if anyone would like to view our new website or be connected to Facebook. From
sundaysandseasons.com.*

Welcome Pastor Lusungu Lwidiko Msigwa



My name is Lusungu Lwidiko Msigwa. I am here at Luther Seminary as a second-year student for MA, Leadership, and Innovation for Ministry. I was ordained as a Lutheran pastor in the Evangelical Lutheran Church in Tanzania, Iringa Diocese in October 1998. I am married to Gloria and have three children (Ebenezer 20, Jubileth 13, and Gift 11). I also live with my nephew Neema 20.

I worked as a parish pastor for eleven years and as a Coordinator of Bega kwa Bega (shoulder to shoulder) which is a partnership between Iringa Diocese of the Evangelical Lutheran Church in Tanzania and St. Paul Area Synod of the ELCA for eleven years.

We are blessed to be a blessing.

Pastor

Lusungu Msigwa

Prayer List and Announcements:

Please pray this week for AHLC Members and friends: Barb Rossow, Anna Kuxhausen, Dona Haberman, Jackie Staples, Dean Anderson, Richard Johnson, Priscilla Reeve, Jerry Ekblad, Gary Winter, Betty Richter, Velta Krauze, Joanne Policone, Shirley Johnson, Margaret Cleary, MaryAnn Wistrom, John Lind, John Hollman, Deb Perry, Esther Hallgren, Jan Kowitz, Richard Edge, Sharon Anderson, Linda Nyberg and Lorraine Nyberg.

Upcoming Events:

July 17th – Bach Music – Grace Lutheran Church is coordinating an afternoon of Bach music with a special joint choir and the marvelous sounds from his majestic music. This will take place at 3:00 p.m. Grace Lutheran is located just NW of #94 and White Bear Avenue at 1730 Old Hudson Road. Rehearsals Wednesday nights at Grace.

July 24th - East Side Collaborative Worship Service - At Battle Creek Park (Band shell, just south of #94 on McKnight.) Watch the Lights From The Heights for more information.

August 21st - East Side Collaborative Worship Service – (annual picnic) – Lake Phalen Amphitheater (middle/west side of the lake) with a picnic meal to follow. Watch the “Lights from the Heights” for more information.

Happy Birthday

Stephanie Burgess	June 1	Nancy Mapson	June 14
Gerry McInerney	June 5	Virginia Iverson	June 19
Wayne Hansen	June 6	Beverly Lamb	June 22
Thomas Hartquist	June 7	Jerry Ekblad	June 23
Todd Rosenow	June 7	Palmer Iverson	June 24
Koreen Pedginski	June 10	Marilyn Nelson	June 26
Cindy Schreiber	June 12	Diane Allmendinger	June 27
Marion Anderson	June 12	Vicki O’Connor	June 30
JoAnn Metling	June 13	Valerie Osmundson	June 30
Steven Hurtle	June 13		

Happy Anniversary

Dennis and Florence Rasmusson
Dean and Chris Anderson
Tom and Sandra Dolen
Kristin and Jesse Voglepohl
Dee Ann and Bob Nelson
Valerie and Orval Osmundson

Flowers on the Altar today are in honor of Jerry Schaber, whose funeral was held here this past Tuesday.



Sunday Worship: 9:30 a.m. in person or online and link on website.

Address: 1115 Greenbrier Street St. Paul, Minnesota 55106

Phone: 651-771-5501

Website: www.ahlc-stp.org

**Staff: Pastor Mitch Kinsinger
Barb Rossow, Organist
Per Halaas, Intern**

**pastor@ahlc-stp.org
pianobr@aol.com
phalaas001@luthersem.edu**

Oh For a Thousand Tongues to Sing ELW # 886

Oh, for a Thousand Tongues to Sing

1 Oh, for a thou - sand tongues to sing my great Re - deem - er's praise,
2 My gra - cious Mas - ter and my God, as - sist me to pro - claim,
3 The name of Je - sus charms our fears and bids our sor - rows cease,
4 He speaks, and lis - t'ning to his voice, new life the dead re - ceive;

the glo - ries of my God and king, the tri - umphs of his grace!
to spread through all the earth a - broad the hon - ors of your name.
sings mu - sic in the sin - ner's ears, brings life and health and peace.
the mourn - ful, bro - ken hearts re - joice, the hum - ble poor be - lieve.

5 Look unto him, your Savior own,
O fallen human race!
Look and be saved through faith alone,
be justified by grace!

6 To God all glory, praise, and love
be now and ever giv'n
by saints below and saints above,
the church in earth and heav'n.

Text: Charles Wesley, 1707–1788, alt.
Music: AZMON, Carl G. Gläser, 1784–1829; arr. Lowell Mason, 1792–1872

All Verses

Praise the One Who Breaks the Darkness

1 Praise the One who breaks the dark-ness with a lib - er - at - ing light;
 2 Praise the One who blessed the chil - dren with a strong yet gen - tle word;
 3 Praise the one true love in - car - nate: Christ, who suf - fered in our place;

praise the One who frees the pris - 'ners, turn - ing blind - ness in - to sight.
 praise the One who drove out de - mons with a pierc - ing, two - edged sword.
 Je - sus died and rose for man - y that we may know God by grace.

Praise the One who preached the gos - pel, heal - ing ev - 'ry dread dis - ease,
 Praise the One who brings cool wa - ter to the des - ert's burn - ing sand;
 Let us sing for joy and glad - ness, see - ing what our God has done.

calm - ing storms and feed - ing thou - sands with the ver - y bread of peace.
 from this well comes liv - ing wa - ter quench - ing thirst in ev - 'ry land.
 Praise the one re - deem - ing glo - ry; praise the One who makes us one.

Text: Rusty Edwards, b. 1955
 Music: NETTLETON, J. Wyeth, *Repository of Sacred Music*, Part II, 1813
 Text © 1987 Hope Publishing Company, Carol Stream, IL 60188. All rights reserved. Used by permission.

Duplication in any form prohibited without permission or valid license from copyright administrator.

We Are Marching in the Light of God



Si - ya - hamb' e - ku - kha - nyen' kwen - khos', si - ya - hamb' e - ku - kha -
 We are march - ing in the light of God, we are march - ing in the



nyen' kwen - khos'. Si - ya - hamb' e - ku - kha - nyen' kwen - khos',
 light of God. We are march - ing in the light of God.



si - ya - hamb' e - ku - kha - nyen' kwen - khos'.
 we are march - ing in the light of God.



Si - ya - ham - ba (ham - ba, si - ya - ham - ba) oo
 We are march - ing (march - ing, we are march - ing) oo



si - ya - hamb' e - ku - kha - nyen' kwen - khos'.
 we are march - ing in the light of God.



Si - ya - ham - ba (ham - ba, si - ya - ham - ba) oo
 We are march - ing (march - ing, we are march - ing) oo



si - ya - hamb' e - ku - kha - nyen' kwen - khos'.
 we are march - ing in the light of God.

Additional stanzas ad lib.:

We are dancing ...
 We are praying ...
 We are singing ...

Text: South African traditional; tr. Freedom Is Coming, 1984
 Music: SIYAHAMBA, South African traditional
 Tr. © 1984 Utryck, admin. Walton Music Corp.

Duplication in any form prohibited without permission or valid license from copyright administrator.