

**Arlington Hills Lutheran Church
Sunday March 12, 2023
Third Sunday in Lent**

Sunday, March 12, 2023

Third Sunday in Lent

Introduction

In today's gospel the Samaritan woman asks Jesus for water, an image of our thirst for God. Jesus offers living water, a sign of God's grace flowing from the waters of baptism. The early church used this gospel and those of the next two Sundays to deepen baptismal reflection during the final days of preparation before baptism at Easter. As we journey to the resurrection feast, Christ comes among us in word, bath, and meal—offering us the life-giving water of God's mercy and forgiveness.

Prelude **“Come Thou Fount of Every Blessing”** **arr. Paul Manz**

Welcome and Announcements

GATHERING

Greeting

John 4:42, 15

P: Lord, you are truly the Savior of the world; give me this living water that I may never thirst again.

Confession and Forgiveness

All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.

P: Blessed be the holy Trinity, ✠ one God, who journeys with us these forty days, and sustains us with the gift of grace.

All: Amen.

P: Let us acknowledge before God and one another our need for repentance and God's mercy.

Silence is kept for reflection.

Holy God,

All: We confess to you our faults and failings. Too often we neglect and do not trust your holy word; we take for ourselves instead of giving to others; we spoil rather than steward your creation; we cause hurt though you call us to heal; we choose fear over compassion. Forgive us, renew us, and lead us, as we seek to follow in your way of life. Amen.

P: Hear the good news: God so loved the world that God gave the only Son, so that all may receive life. This promise is for you! God embraces you with divine mercy, + forgives you in Christ's name, and revives you in the Spirit's power.

All: Amen.

Please stand if you are able.

Gathering Hymn "O Jesus, Joy of Loving Hearts" ELW# 658
Verses 1, 2, 3 and 4 Large print words found on page 18
O Jesus, Joy of Loving Hearts

1 O Je - sus, joy of lov - ing hearts, the fount of
2 We taste you, ev - er - liv - ing bread, and long to
3 For you our rest - less spir - its yearn, wher - e'er our
4 O Je - sus, ev - er with us stay! Make all our

life, the light of all: from ev - 'ry bliss that earth im -
feast up - on you still; we drink of you, the foun - tain -
chang - ing lot is cast; glad, when your smile on us you
mo - ments fair and bright! Oh, chase the night of sin a -

parts we turn, un - filled, to hear your call.
head; our thirst - ing souls from you we fill.
turn, blest, when by faith we hold you fast.
way! Shed o'er the world your ho - ly light.

Text: attr. Bernard of Clairvaux, 1091-1153; tr. Ray Palmer, 1808-1887, alt.
Music: WALTON, W. Gardiner, *Sacred Melodies*, 1815

P: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

All: **And also with you.**

Please be seated.

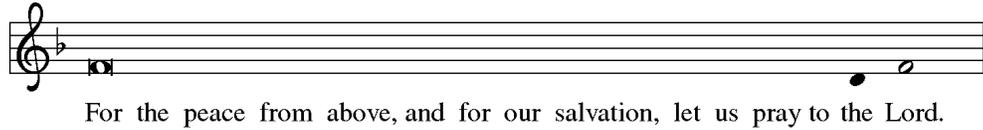
Kyrie:

P:

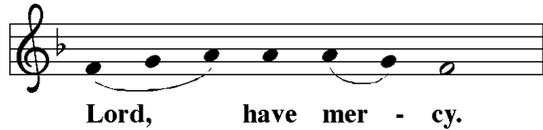
All:



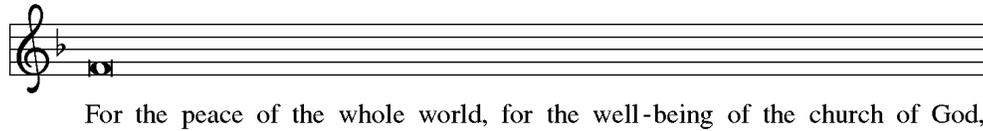
In peace, let us pray to the Lord. **Lord, have mer - cy.**



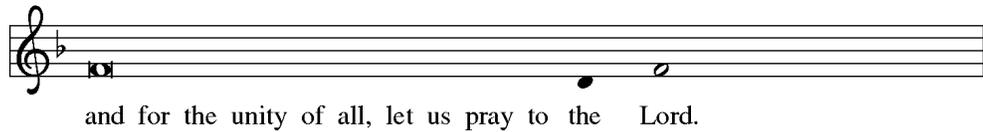
For the peace from above, and for our salvation, let us pray to the Lord.



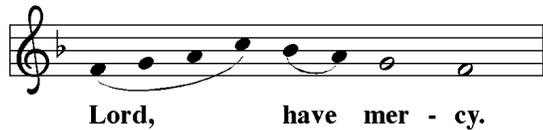
Lord, have mer - cy.



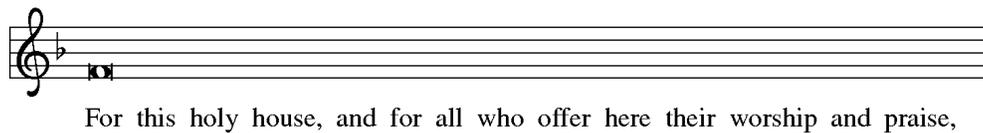
For the peace of the whole world, for the well-being of the church of God,



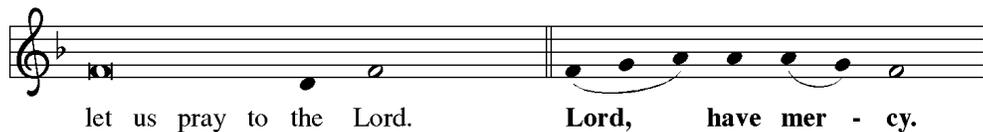
and for the unity of all, let us pray to the Lord.



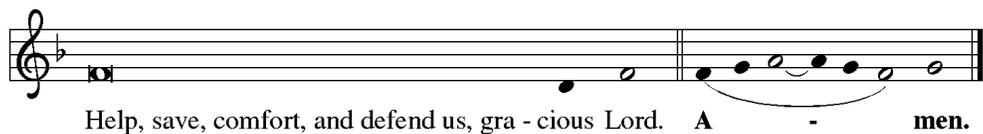
Lord, have mer - cy.



For this holy house, and for all who offer here their worship and praise,



let us pray to the Lord. **Lord, have mer - cy.**



Help, save, comfort, and defend us, gra - cious Lord. **A - men.**

Prayer of the Day

P: Merciful God, the fountain of living water, you quench our thirst and wash away our sin. Give us this water always. Bring us to drink from the well that flows with the beauty of your truth through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

All: Amen.

WORD

First Reading: Exodus 17:1-7

Because the thirsty Israelites quarreled with Moses and put God to the test, Moses cried out in desperation to God. God commanded Moses to strike the rock to provide water for the people. The doubt-filled question—“Is the LORD among us or not?”—received a very positive answer.

¹From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ²The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” ³But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” ⁴So Moses cried out to the LORD, “What shall I do with this people? They are almost ready to stone me.” ⁵The LORD said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. ⁷He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

AM: Word of God, Word of Life.

All: Thanks be to God.

Psalm: Psalm 95 Read Responsively by Whole Verse

Let us shout for joy to the rock of our salvation. (Ps. 95:1)

AM: ¹Come, let us sing to the LORD; let us shout for joy to the rock of our salvation.

All: ²Let us come before God's presence with thanksgiving and raise a loud shout to the LORD with psalms.

AM: ³For you, LORD, are a great God, and a great ruler above all gods.

All: ⁴In your hand are the caverns of the earth; the heights of the hills are also yours.

AM: ⁵The sea is yours, for you made it, and your hands have molded the dry land.

All: ⁶Come, let us worship and bow down, let us kneel before the LORD our maker.

AM: ⁷For the LORD is our God, and we are the people of God's pasture and the sheep of God's hand. Oh, that today you would hear God's voice!

All: ⁸"Harden not your hearts, as at Meribah, as on that day at Massah ¹ in the desert.

AM: ⁹There your ancestors ¹ tested me, they put me to the test, though they had ¹ seen my works.

All: ¹⁰Forty years I loathed that generation, saying, 'The heart of this people goes astray; they do not know my ways.'

AM: ¹¹Indeed I swore in my anger, 'They shall never come to my rest.'

Second Reading: Romans 5:1-11

Though we often hear that God helps those who help themselves, here Paul tells us that through Jesus' death God helps utterly helpless sinners. Since we who had been enemies are reconciled to God in the cross, we now live in hope for our final salvation.

¹Since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God.

³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that

has been given to us.

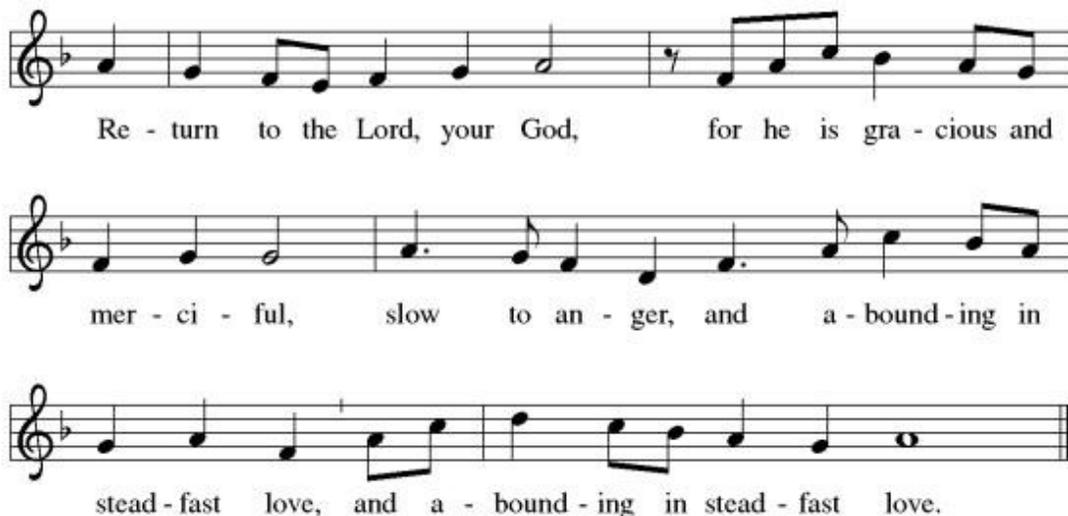
⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

AM: Word of God, Word of Life.

All: **Thanks be to God.**

Please stand if you are able.

Gospel Acclamation



Re - turn to the Lord, your God, for he is gra - cious and
mer - ci - ful, slow to an - ger, and a - bound - ing in
stead - fast love, and a - bound - ing in stead - fast love.

P: The holy gospel according to John the 4th Chapter

All: **Glory to you, O Lord.**

Gospel: John 4:5-29; 39-42

Jesus defies convention to engage a Samaritan woman in conversation. Her testimony, in turn, leads many others to faith.

⁵[Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph.⁶Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink."⁸(His disciples had gone to the city to buy food.)⁹The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.)¹⁰Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."¹¹The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water?¹²Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?"¹³Jesus said to her, "Everyone who drinks of this water will be thirsty again,¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."¹⁵The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

¹⁶Jesus said to her, "Go, call your husband, and come back."¹⁷The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband';¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!"¹⁹The woman said to him, "Sir, I see that you are a prophet."²⁰Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem."²¹Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem.²²You worship what you do not know; we worship what we know, for salvation is from the Jews.²³But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him.²⁴God is spirit, and those who worship him must worship in spirit and truth."²⁵The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us."²⁶Jesus said to her, "I am he, the one who is speaking to you."

²⁷Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” ²⁸Then the woman left her water jar and went back to the city. She said to the people, ²⁹“Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” ³⁰They left the city and were on their way to him.

³⁹Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” ⁴⁰So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. ⁴¹And many more believed because of his word. ⁴²They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

P: The gospel of our Lord.

All: **Praise to you, O Christ.**

Please be seated.

Sermon

"Seeking"

Intern Becky Sliva

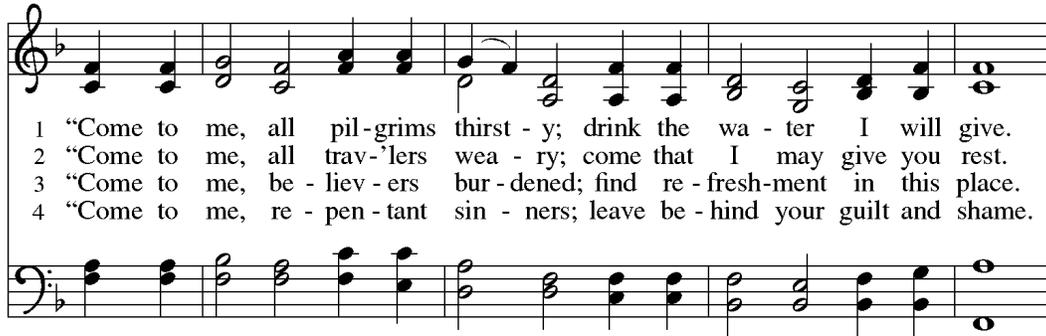
Please stand if you are able.

Hymn of the Day

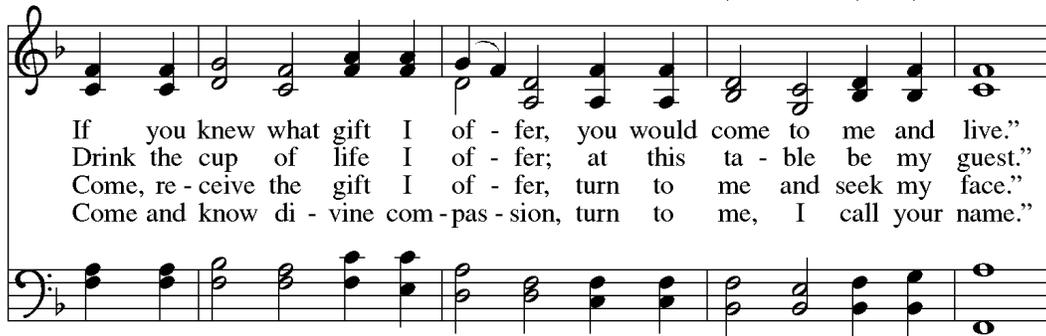
“Come to Me, All Pilgrims Thirsty” ELW# 777

Verses 1, 3, and 4 Large print found on page 19

Come to Me, All Pilgrims Thirsty



1 "Come to me, all pil-grims thirst - y; drink the wa - ter I will give.
2 "Come to me, all trav-'lers wea - ry; come that I may give you rest.
3 "Come to me, be - liev - ers bur - dened; find re - fresh - ment in this place.
4 "Come to me, re - pen - tant sin - ners; leave be - hind your guilt and shame.

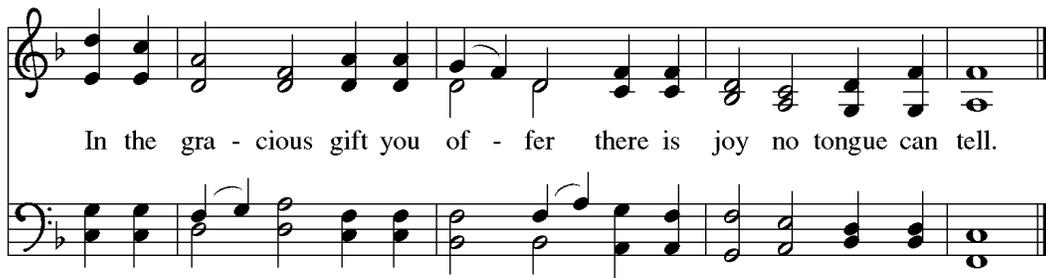


If you knew what gift I of - fer, you would come to me and live."
Drink the cup of life I of - fer; at this ta - ble be my guest."
Come, re - ceive the gift I of - fer, turn to me and seek my face."
Come and know di - vine com - pas - sion, turn to me, I call your name."

Refrain



Je - sus, ev - er - flow - ing foun - tain, give us wa - ter from your well.



In the gra - cious gift you of - fer there is joy no tongue can tell.

Apostle's Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Please be seated.

Prayers of Intercession

AM: *Each prayer will end with:* Merciful God,

All: **Receive our prayer.**

Please stand for the sharing of the peace

Sharing of the Peace

P: The peace of Christ be with you always.

All: **And also with you.**

Please be seated.

MEAL

Offering Music

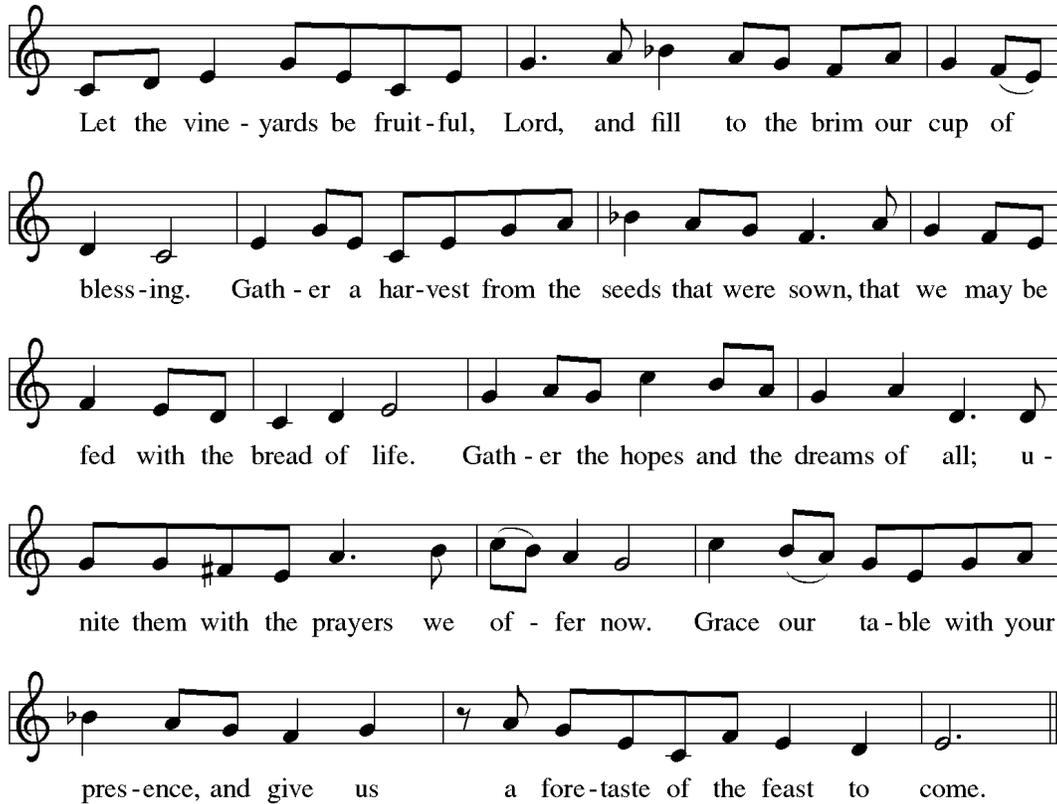
“As the Deer Pants for the Water”

arr. Mark Hayes

Please stand if you are able.

Let the Vineyards Be Fruitful

Offering Song



Let the vine - yards be fruit - ful, Lord, and fill to the brim our cup of
bless - ing. Gath - er a har - vest from the seeds that were sown, that we may be
fed with the bread of life. Gath - er the hopes and the dreams of all; u -
nite them with the prayers we of - fer now. Grace our ta - ble with your
pres - ence, and give us a fore - taste of the feast to come.

Text: John W. Arthur, 1922-1980
Music: Richard W. Hillert, b. 1923
Text and music © 1978 *Lutheran Book of Worship*, admin. Augsburg Fortress.

Duplication in any form prohibited without permission or valid license from copyright administrator.

Offering Prayer

P: God of good gifts, receive these and all our offerings as we present them in faithful service for the sake of your gospel. Prepare our hearts to receive you in this meal as you pour out your very presence through Christ Jesus, the wellspring of eternal life.

All: Amen.

Please be seated.

Invitation to Communion

P: Come and receive Jesus, our strength in the wilderness.

Great Thanksgiving

P: The Lord be with you.

All: **And also with you.**

P: Lift up your hearts.

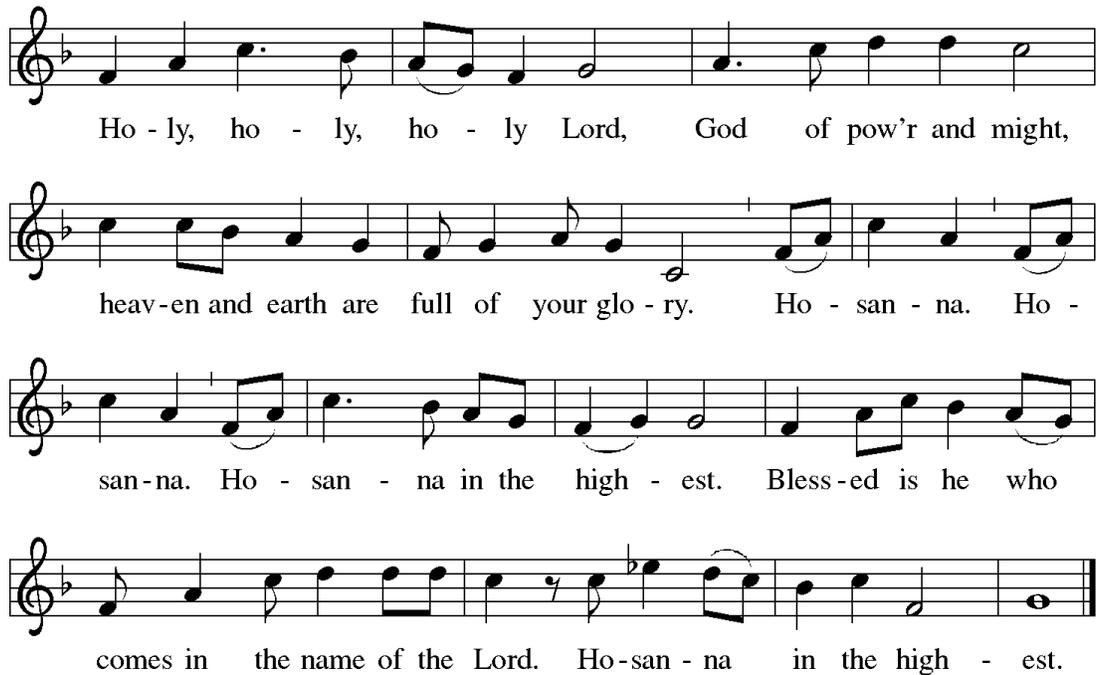
All: **We lift them to the Lord.**

P: Let us give thanks to the Lord our God.

All: **It is right to give our thanks and praise.**

P: It is indeed right, our duty and our joy, ... we praise your name and join their unending hymn:

All:



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,
heav-en and earth are full of your glo - ry. Ho - san - na. Ho -
san-na. Ho - san - na in the high - est. Bless-ed is he who
comes in the name of the Lord. Ho-san - na in the high - est.

Words of Institution

P: In the night in which he was betrayed . . .

. . . With this bread and cup we remember our Lord's Passover from death to life as we proclaim the mystery of faith:

All: **Christ has died. Christ is risen. Christ will come again.**

Lord's Prayer

P: Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

All: **Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.**

Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, the power, and the glory, forever and ever.
Amen.**

Communion

Table Blessing

P: The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.

All: **Amen**

Prayer after Communion

P: Embodied God, at your table, we have tasted the goodness of Jesus. With the eyes of our hearts open to your promise, empower us to hear the needs of our neighbors and touch the world with your love.

All: **Amen.**

Please stand for the Sending Hymn

SENDING

Sending Hymn “Come, Thou Fount of Every Blessing”
Verses 1, 2, and 3 Large print words on page 20

ELW# 807

Come, Thou Fount of Every Blessing

1 Come, thou Fount of ev - 'ry bless-ing, tune my heart to sing thy grace;
2 Here I raise my Eb - en - e - zer: "Hith-er by thy help I've come";
3 Oh, to grace how great a debt - or dai - ly I'm con-strained to be;

streams of mer - cy, nev - er ceas-ing, call for songs of loud - est praise.
and I hope, by thy good plea-sure, safe-ly to ar - rive at home.
let that grace now like a fet - ter bind my wan-d'ring heart to thee.

While the hope of end-less glo - ry fills my heart with joy and love,
Je - sus sought me when a strang - er, wan-d'ring from the fold of God;
Prone to wan - der, Lord, I feel it; prone to leave the God I love.

teach me ev - er to a - dore thee; may I still thy good-ness prove.
he, to res - cue me from dan-ger, in - ter - posed his pre - cious blood.
Here's my heart, oh, take and seal it; seal it for thy courts a - bove.

Text: Robert Robinson, 1735–1790, alt.
Music: NETTLETON, J. Wyeth, *Repository of Sacred Music*, Part II, 1813

Blessing

P: God, the giver of love, ✝ Christ, the resurrection and the life and the Holy Spirit of rebirth bless you in this Lenten journey.

All: Amen.

Please be seated for the Postlude.

Postlude

“Postlude in E Minor”

F. Walczynski

Dismissal

P: Go in peace to love and serve the Lord.

All: **Thanks be to God.**

From sundaysandseasons.com.

Copyright © 2023 Augsburg Fortress. All rights reserved. Reprinted by permission under Augsburg Fortress Liturgies Annual License #SBWA005555.

New Revised Standard Version Bible, Copyright © 1989, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

Revised Common Lectionary, Copyright © 1992 Consultation on Common Texts, admin Augsburg Fortress. Used by permission.

Leading Worship Today

Pastor: Pastor Mitch Kinsinger and Intern Becky Sliva

Music: Barbara Rossow

Assisting Ministers: Cheryl Hollman and Jon Helgason

Ushers: David Almquist and Wayne Hansen

Hospitality: Valerie and Orval Osmundson

Livestream Producer: Silvester Vicic

Announcements

PLEASE PRAY THIS WEEK FOR AHLC MEMBERS AND FRIENDS:

Dean Anderson, Sharon Anderson, Wayne Blossey, Tom Brackey, Carol Brockway, Linda Brockway, Carolyn Brusseau, Gary Clark, Jerry Ekblad, Richard Edge, Dona Haberman, Esther Hallgren, Adeline Hansen, Karen Helgason, John Hollman, Richard Johnson, Tyler King, Jan Kowitz, Paul Kowitz, Velta Krauze, John Lind, Linda Nyberg, Tom Nyman, Priscilla Reeve, Betty Richter, Jackie Staples, Ken Wagner, Gary Winter, and MaryAnn Wistrom.

March Scripture a Day readings are available in the office. This month the theme is “Increasing My Faith”.

MARCH BIRTHDAYS

Carol Hansen	March 3	Thomas Dolen	March 19
Nancy Ellen Swanson	March 6	Cheryl Hollman	March 21
Christine Anderson	March 6	Carol Baldwin	March 25
Nancy Seagren	March 6	Myrl Vietor	March 25
Teri Johnson Larson	March 6	Linda McInerney	March 27
Ethan Peterson	March 12	Justin Hanson	March 28

MARCH ANNIVERSARIES

Ron and Sharon Hanson	March 10
Kevin and Priscila Wieken	March 12
Cheryl and John Hollman	March 21
David and Nancy Seagren	March 24

The East Side Collaborative has created a wonderful Lenten Challenge for all of us to participate in this year. During Lent many people like to "give up" things or add in a spiritual component to their day. We will do both! Pick up your challenge sheets after church or in the office and join together with others as we collect items from our homes to give up, pray, read scriptures and reflect this Lenten season.

Midweek Lenten Services **Soup and Scripture Study 2023**

This year, we have been holding weekly services in the Reception Room at AHLC (and on Zoom) on the five Wednesdays of Lent. A light soup luncheon will be served from 11:30 am - 12:00 noon. From noon-12:45, Intern Becky or Pastor Mitch will offer a study of a passage of scripture, some of which will be the lectionary passages for the upcoming Sunday. These services will offer a chance to gather in community and to reflect on the season of Lent through careful consideration of scripture. The remaining dates are March 15, 22, and 29.

Enter [Zoom.us](https://zoom.us) in your browser

click on "Join" in the top right corner

Meeting ID: 832 0572 1683 Passcode: AHLC1115

Dial by your location: 312 626 6799 US (Chicago)

O Jesus, Joy of Loving Hearts

- 1 O Jesus, joy of loving hearts,
the fount of life, the light of all:
from ev'ry bliss that earth imparts
we turn, unfilled, to hear your call.

- 2 We taste you, ever-living bread,
and long to feast upon you still;
we drink of you, the fountainhead;
our thirsting souls from you we fill.

- 3 For you our restless spirits yearn,
where'er our changing lot is cast;
glad, when your smile on us you turn,
blest, when by faith we hold you fast.

- 4 O Jesus, ever with us stay!
Make all our moments fair and bright!
Oh, chase the night of sin away!
Shed o'er the world your holy light.

Come to Me, All Pilgrims Thirsty

Refrain:

"Come to me, all pilgrims thirsty;
drink the water I will give.
If you knew what gift I offer,
you would come to me and live."

Refrain

- 1 Jesus, ever flowing fountain,
give us water from your well.
In the gracious gift you offer
there is joy no tongue can tell.

- 3 "Come to me, believers burdened;
find refreshment in this place.
Come, receive the gift I offer,
turn to me and seek my face." *Refrain*

- 4 "Come to me, repentant sinners;
leave behind your guilt and shame.
Come and know divine compassion,
turn to me, I call your name." *Refrain*

Text: Delores Dufner, OSB, b. 1939

Text © 1992, 1996 Sisters of St. Benedict, 104 Chapel Lane, St. Joseph, MN 56374

Duplication in any form prohibited without permission or valid license from copyright administrator.

Come, Thou Fount of Every Blessing

- 1 Come, thou Fount of ev'ry blessing,
tune my heart to sing thy grace;
streams of mercy, never ceasing,
call for songs of loudest praise.
While the hope of endless glory
fills my heart with joy and love,
teach me ever to adore thee;
may I still thy goodness prove.

- 2 Here I raise my Ebenezer:
"Hither by thy help I've come";
and I hope, by thy good pleasure,
safely to arrive at home.
Jesus sought me when a stranger,
wand'ring from the fold of God;
he, to rescue me from danger,
interposed his precious blood.

- 3 Oh, to grace how great a debtor
daily I'm constrained to be;
let that grace now like a fetter
bind my wand'ring heart to thee.
Prone to wander, Lord, I feel it;
prone to leave the God I love.
Here's my heart, oh, take and seal it;
seal it for thy courts above.

Text: Robert Robinson, 1735-1790, alt.