



**Arlington Hills Lutheran Church
Sunday, March 9, 2025
First Sunday in Lent**

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Introduction

These forty days called Lent are like no other. It is our opportune time to return to the God who rescues, to receive the gifts of God's grace, to believe with the heart and confess with the mouth the wonder of God's love in Jesus, and to resist temptation at every turn. This is no small pilgrimage on which we have just embarked. It is a struggle Jesus knew. It is a struggle Jesus shares. The nearness of the Lord, in bread and wine, water and word, will uphold and sustain us.

Welcome and Announcements

Prelude "I Want Jesus to Walk with Me" arr. Terry D. Wilson

GATHERING

Greeting

Matt. 4:4

P: One does not live by bread alone, but by every word that comes from the mouth of God.

All: **Alleluia.**

Confession and Forgiveness

P: Blessed be the holy Trinity, ✝ one God, who forgives all our sin, whose mercy endures forever.

All: **Amen.**

P: Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

All: **Amen**

P: Gracious God,

All: have mercy on us. We confess that we have turned from you and given ourselves into the power of sin. We are truly sorry and humbly repent. In your compassion forgive us our sins, known and unknown, things we have done and things we have failed to do. Turn us again to you, and uphold us by your Spirit, so that we may live and serve you in newness of life through Jesus Christ, our Savior and Lord. Amen.

P: In the mercy of almighty God, Jesus Christ was given to die for us, and for his sake God forgives us all our sins. As a called and ordained minister of the church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the **✝** Son, and of the Holy Spirit.

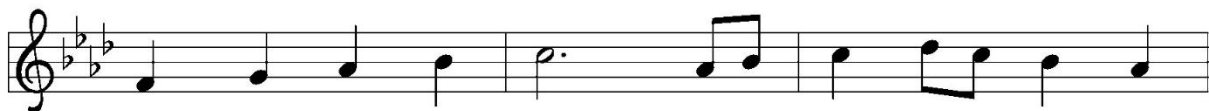
All: Amen.

Please rise, in body and/or spirit, for the Gathering Hymn

Gathering Hymn “O Lord, throughout These Forty Days” ELW# 319
 Verses 1, 2, 3, and 4 – Large print words found on page 18



1 O Lord, through - out these for - ty days you
 2 You strove with Sa - tan, and you won; your
 3 Though parched and hun - gry, yet you prayed and
 4 Be with us through this sea - son, Lord, and



prayed and kept the fast; in - spire re - pen - tance
 faith - ful - ness en - dured; lend us your nerve, your
 fixed your mind a - bove; so teach us to de -
 all our earth - ly days, that when the fi - nal



for our sin, and free us from our past.
 skill and trust in God's e - ter - nal word.
 ny our - selves that we may know God's love.
 Eas - ter dawns, we join in heav - en's praise.

Text: based on Claudia F. Hernaman, 1838–1898; para. Gilbert E. Doan Jr., b. 1930
 Music: CONSOLATION, A. Davison, *Kentucky Harmony*, 1816
 Text © 1978 *Lutheran Book of Worship*, admin. Augsburg Fortress

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P: The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all.

All: **And also, with you.**

Please be seated

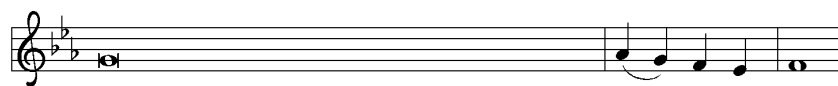
KYRIE



In peace, let us pray to the Lord.



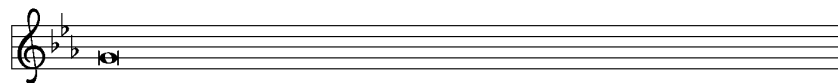
Lord, have mer - cy.



For the peace from above, and for our salvation, let us pray to the Lord.



Lord, have mer - cy.



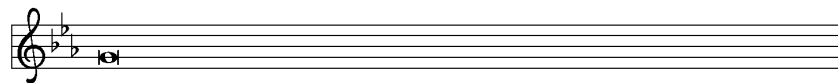
For the peace of the whole world, for the well-being of the church of God,



and for the unity of all, let us pray to the Lord.



Lord, have mer - cy.



For this holy house, and for all who offer here their worship and praise,



let us pray to the Lord.



Lord, have mer - cy.



Help, save, comfort, and defend us, gra - cious Lord.



A - men, a - men.

Prayer of the Day

P: O Lord God, you led your people through the wilderness and brought them to the promised land. Guide us now, so that, following your Son, we may walk safely through the wilderness of this world toward the life you alone can give, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

All: Amen.

Please be seated for the Readings.

WORD

First Reading:

Deuteronomy 26:1-11

Assisting Minister

The annual harvest festival, called the Feast of Weeks, provides the setting for this reading. This festival celebrates the first fruits of the produce of the land offered back to God in thanks. In this text, worshipers announce God's gracious acts on behalf of Israel.

¹ When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, ² you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. ³ You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." ⁴ When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, ⁵ you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. ⁶ When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, ⁷ we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. ⁸ The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; ⁹ and he brought us into this place and gave us this land, a land

flowing with milk and honey. ¹⁰ So now I bring the first of the fruit of the ground that you, O LORD, have given me.” You shall set it down before the LORD your God and bow down before the LORD your God. ¹¹ Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

AM: Word of God, Word of Life

All: Thanks be to God.

Psalm: 91:1-2, 9-16

Read responsively by whole verse

God will give the angels charge over you, to guard you in all your ways. (Ps. 91:11)

AM: ¹ You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty

All: ² you will say to the LORD, “My refuge and my stronghold, my God in whom I put my trust.”

AM: ⁹ Because you have made the LORD your refuge, and the Most High your habitation,

All: ¹⁰ no evil will befall you, nor shall affliction come near your dwelling.

AM: ¹¹ For God will give the angels charge over you, to guard you in ^l all your ways.

All: ¹² Upon their hands they will bear you up, lest you strike your foot against a stone.

AM: ¹³ You will tread upon the lion cub and viper; you will trample down the lion and the serpent.

All: ¹⁴ I will deliver those who cling to me; I will uphold them, because they know my name.

AM: ¹⁵ They will call me, and I will answer them; I will be with them in trouble; I will rescue and honor them.

All: ¹⁶ With long life will I satisfy them, and show them my salvation.

Second Reading: Romans 10:8b-13

Paul reminds the Christians at Rome of the foundation of their creed, the confession of faith in the risen Christ as Lord.

^{8b} “The word is near you, on your lips and in your heart”

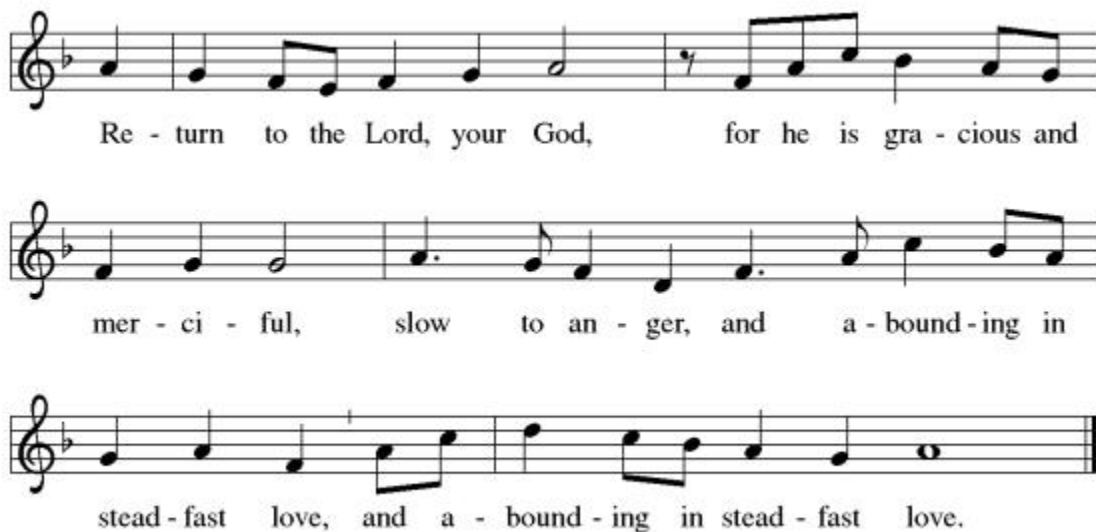
(that is, the word of faith that we proclaim); ⁹ because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰ For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. ¹¹ The scripture says, “No one who believes in him will be put to shame.” ¹² For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. ¹³ For, “Everyone who calls on the name of the Lord shall be saved.”

AM: Word of God, Word of Life

All: **Thanks be to God.**

Please rise, in body and/or spirit, for the Gospel reading

Gospel Acclamation



Re - turn to the Lord, your God, for he is gra - cious and
mer - ci - ful, slow to an - ger, and a - bound - ing in
stead - fast love, and a - bound - ing in stead - fast love.

P: The holy gospel according to Luke the 4th chapter.

All: **Glory to you, O Lord**

Gospel: Luke 4:1-13

After being filled with the Holy Spirit at his baptism, Jesus is led in the wilderness. Through his responses to the temptations of the devil, he defines what it means to be called “the Son of God.”

¹ Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, ² where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. ³ The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” ⁴ Jesus answered him, “It is written, ‘One does not live by bread alone.’”

⁵ Then the devil led him up and showed him in an instant all the kingdoms of the world. ⁶ And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. ⁷ If you, then, will worship me, it will all be yours.” ⁸ Jesus answered him, “It is written, ‘Worship the Lord your God, and serve only him.’”

⁹ Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, ¹⁰ for it is written, ‘He will command his angels concerning you, to protect you,’ ¹¹ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’”

¹² Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” ¹³ When the devil had finished every test, he departed from him until an opportune time.

P: The gospel of the Lord,

All: Praise to you, O Christ.

Please be seated.

Sermon

“The First Temptations of Christ”

Pastor Mitch Kinsinger

Please rise, in body and/or spirit, for the Hymn of the Day

Hymn of the Day

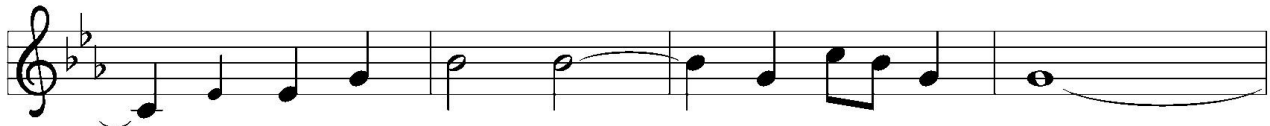
“I Want Jesus to Walk with Me”

ELW # 325

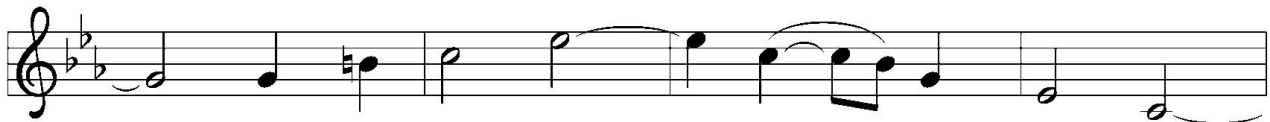
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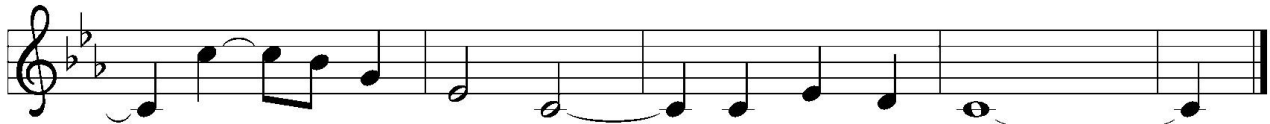
1 I want Je - sus to walk with me;
 2 In my tri - als, Lord, walk with me;
 3 When I'm in trou - ble, Lord, walk with me;



I want Je - sus to walk with me;
 in my tri - als, Lord, walk with me;
 when I'm in trou - ble, Lord, walk with me;



all a - long my pil - grim jour - ney,
 when my heart is al - most break - ing,
 when my head is bowed in sor - row,



Lord, I want Je - sus to walk with me.
 Lord, I want Je - sus to walk with me.
 Lord, I want Je - sus to walk with me.

Text: African American spiritual
 Music: SOJOURNER, African American spiritual

Apostles Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Please be seated for the Prayers of Intercession

Prayers of Intercession

AM: Led by the Spirit, let us turn to God in prayer for the church, the world, and all those in need.

AM: *Each prayer will end with:* God in your mercy,

All: **Receive our prayer.**

Sharing of the Peace

P: The peace of Christ be with you always.

All: **And also with you.**

Please be seated

MEAL

Offering Music

“Jesus Is a Rock in a Weary Land”

arr. John Carter

Please rise, in body and/or spirit, for the Offering Song.

Offering Song – Create in Me a Clean Heart



Cre - ate in me a clean heart, O God, and re - new a right
spir - it with - in me. Cast me not a - way from your pres - ence, and take
not your Ho - ly Spir - it from me. Re - store to me the joy of
your sal - va - tion, and up - hold me with your free Spir - it.

Music: Richard W. Hillert, b. 1923
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Offertory Prayer

P: Gracious Provider, you set your immense treasures among us, opening your heart to the world. As we prepare to feast on your bountiful love, deepen our commitment to sharing those treasures with others, through our Savior, Jesus Christ.

All: Amen.

Please be seated.

Invitation to Communion

P: All who are hungry, come! The feast of grace is spread.

Great Thanksgiving

P: The Lord be with you.

All: **And also with you.**

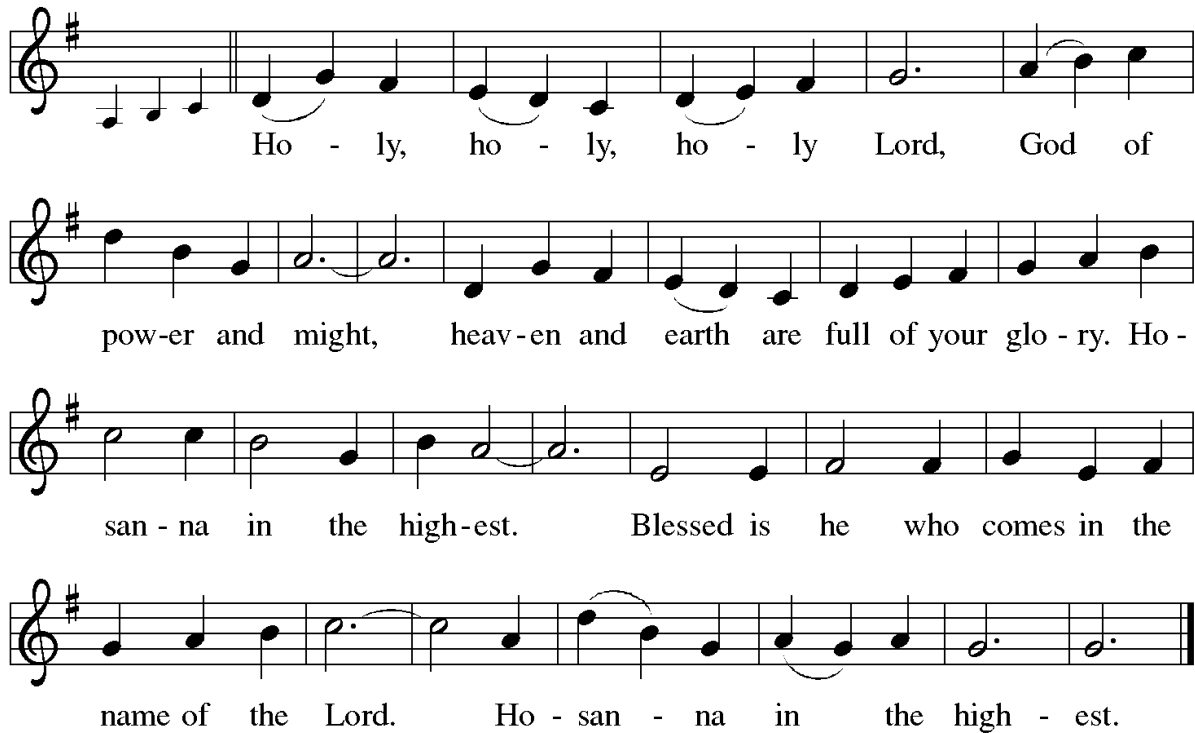
P: Lift up your hearts.

All: **We lift them to the Lord.**

P: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

P: It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ. You call your people to cleanse their hearts and prepare with joy for the paschal feast, that, renewed in the gift of baptism, we may come to the fullness of your grace. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:



The musical score is written on four staves in G major (one sharp) and 4/4 time. The lyrics are: Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might, heav-en and earth are full of your glo - ry. Ho - san - na in the high-est. Blessed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Words of Institution

P: In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks, broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

With this bread and cup we remember our Lord's passover from death to life as we proclaim the mystery of faith:

All: Christ has died. Christ is risen. Christ will come again.

Lord's Prayer

P: Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

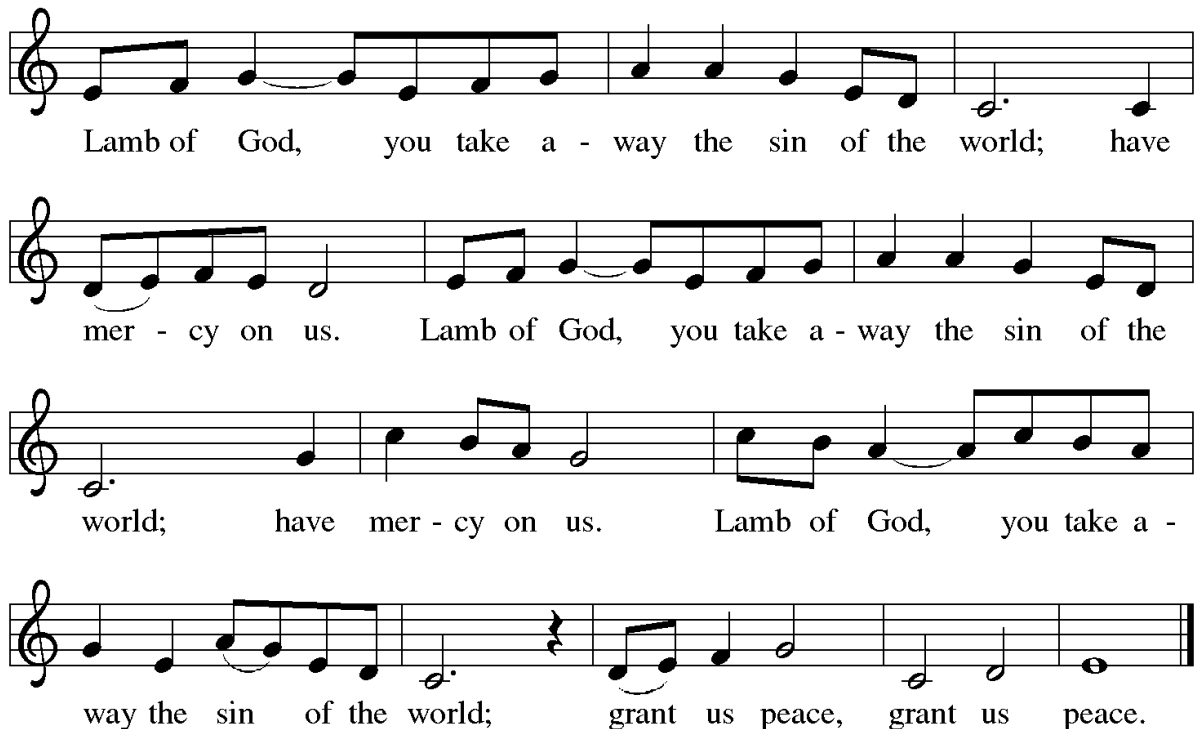
All: Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, the power, and the glory, forever and ever.
Amen.**

P: Come for all things are now ready. The gifts of God for the people of God.

Lamb of God



Lamb of God, you take a - way the sin of the world; have
mer - cy on us. Lamb of God, you take a - way the sin of the
world; have mer - cy on us. Lamb of God, you take a -
way the sin of the world; grant us peace, grant us peace.

Communion

*As pastor comes down to serve communion you may come forward.
Please form a single line to receive the bread from him by holding out your palms to
receive the wafer. Once you receive the bread, you may go to the
communion assistant on the side closest to where you were seated to
receive the wine.*

*If you are unable to come forward, please let an usher know, and we
will bring communion to you.*

Please feel free to say "Amen" after you receive each element if you wish.

Communion Anthem

"Sweet Hour of Prayer"

arr. Martha Mier

Table Blessing

P: The body and blood of our Lord Jesus Christ strengthen you and keep you
in his grace.

All: Amen

Prayer after Communion

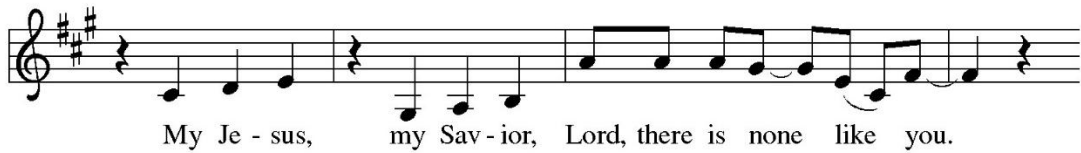
P: Generous Host, you have shared your feast with us and made us new. Send
us now to set tables of love and grace in our communities, that your
liberating love might nourish the world into freedom, in the name of the
crucified one, Jesus Christ our Lord.

All: Amen.

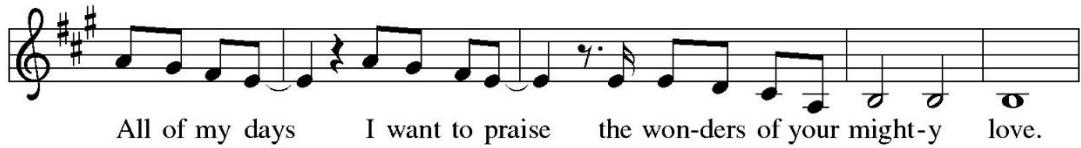
Sending

Please rise, in body and/or spirit, for the Sending Hymn.

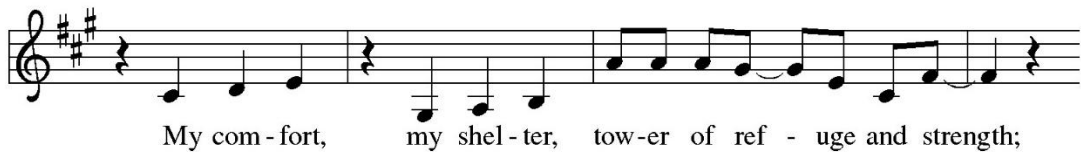
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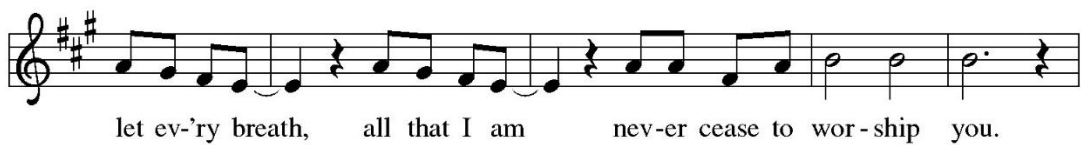
My Je - sus, my Sav - ior, Lord, there is none like you.



All of my days I want to praise the won-ders of your might-y love.



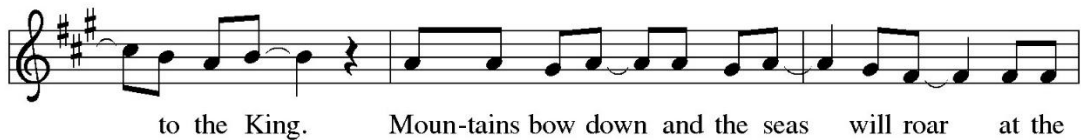
My com - fort, my shel - ter, tow - er of ref - uge and strength;



let ev-'ry breath, all that I am nev - er cease to wor - ship you.



Shout to the Lord, all the earth; let us sing pow - er and maj - es - ty, praise



to the King. Moun - tains bow down and the seas will roar at the



sound of your name. I sing for joy at the work of your hands;



for - ev - er I'll love you, for - ev - er I'll stand.



Noth - ing com - pares to the prom - ise I have in you.

Text: Darlene Zschech, b. 1965

Music: SHOUT TO THE LORD, Darlene Zschech

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Blessing

P: The Lord bless you and keep you. The Lord's face shine on you with grace and mercy. The Lord look upon you with favor and ✝ give you peace.

All: Amen.

Please be seated for the Postlude.

Postlude **“O Lord, throughout These Forty Days”** **arr. J. Wayne Kerr**

Dismissal

P: Go in peace to love and serve the Lord.

All: **Thanks be to God.**

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Leading Worship Today

Pastor: Rev. Dr. Mitch Kinsinger

Organ/Piano: Barbara Rossow

Assisting Ministers: Diane Allmendinger and Cheryl Hollman

Communion Assistants: Diane Allmendinger and Cheryl Hollman

Ushers: David Almquist and Florence & Dennis Rasmusson

Hospitality: Tom & Kathy Brackey

Livestream Producer: Silvester Vicic, Jim Persoon or Mary Kowitz

PLEASE PRAY THIS WEEK FOR AHLC MEMBERS AND FRIENDS:

Dean Anderson, Marjorie Anderson, Sven Anderson, Sharon Anderson, Dave Balfanz, Pamela Boldt, Carol Brockway, Carolyn Brusseau, Jerry Ekblad, Richard Edge, Jan and Wayne Frankenberg, Esther Hallgren, Adeline Hansen, Wayne Hansen, Betty Hasse, Patricia James, Jim Jaszczak, Velta Krauze, Roxanne Larson, John Lind, Gene Linderkamp, Marilyn Nelson, Priscilla Reeve, Betty Richter, Marnie Rose, Betty Swanson, Ken Wagner, Gary Winter, and MaryAnn Wistrom.

Soup and Scriptures – starts Wednesday, March 12.

Soup and Scriptures begin on Wednesday, March 12th in the Reception Room. Soup at 11:30 and Scriptures starting at noon – 12:45.

We will be using a Lenten devotional by Kate Bowler, entitled “The Hardest Part”. Copies are available in the church office if you’d like one.

March Birthdays:

| | | | |
|----------------|----------|-----------------|----------|
| Thomas Dolen | March 19 | Linda McInerney | March 25 |
| Cheryl Hollman | March 21 | Justin Hanson | March 28 |
| Carol Baldwin | March 21 | Esther Hallgren | March 29 |
| Myrl Vietor | March 25 | | |

March Anniversaries

| | |
|----------------------------|----------|
| Ron and Sharon Hanson | March 10 |
| Kevin and Priscilla Wicken | March 12 |
| Nancy and David Seagren | March 24 |

Prayer Prompts for the Upcoming Week. Let us pray together for....

| | |
|----------|-----------------------------|
| March 9 | Daylight Savings Time |
| March 10 | Immigrants |
| March 11 | Local Businesses |
| March 12 | Plant a Flower Day |
| March 13 | Thankfulness |
| March 14 | Loved Ones |
| March 15 | Sale of the Church Building |

Gathering Hymn

O Lord, throughout These Forty Days

- 1 O Lord, throughout these forty days
you prayed and kept the fast;
inspire repentance for our sin,
and free us from our past.

- 2 You strove with Satan, and you won;
your faithfulness endured;
lend us your nerve, your skill, and trust
in God's eternal word.

- 3 Though parched and hungry, yet you prayed
and fixed your mind above;
so teach us to deny ourselves
that we may know God's love.

- 4 Be with us through this season, Lord,
and all our earthly days,
that when the final Easter dawns,
we join in heaven's praise.

Text: based on Claudia F. Hernaman, 1838-1898; para. Gilbert E. Doan Jr., b. 1930
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Hymn of the Day

I Want Jesus to Walk with Me

- 1 I want Jesus to walk with me;
I want Jesus to walk with me;
all along my pilgrim journey,
Lord, I want Jesus to walk with me.

- 2 In my trials, Lord, walk with me;
in my trials, Lord, walk with me;
when my heart is almost breaking,
Lord, I want Jesus to walk with me.

- 3 When I'm in trouble, Lord, walk with me;
when I'm in trouble, Lord, walk with me;
when my head is bowed in sorrow,
Lord, I want Jesus to walk with me.

Text: African American spiritual

Sending Hymn Shout to the Lord

My Jesus, my Savior,
Lord, there is none like you.
All of my days I want to praise
the wonders of your mighty love.
My comfort, my shelter,
tower of refuge and strength;
let ev'ry breath, all that I am
never cease to worship you.

Shout to the Lord, all the earth, let us sing
power and majesty, praise to the King.
Mountains bow down and the seas will roar
at the sound of your name.
I sing for joy at the work of your hands;
forever I'll love you, forever I'll stand.
Nothing compares to the promise I have in you.

Text: Darlene Zschech, b. 1965

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