



# Arlington Hills

LUTHERAN CHURCH

**“Lights From the Heights” - Newsletter**

**For January and February 2026**

**Annual Meeting – February 8, 2026**

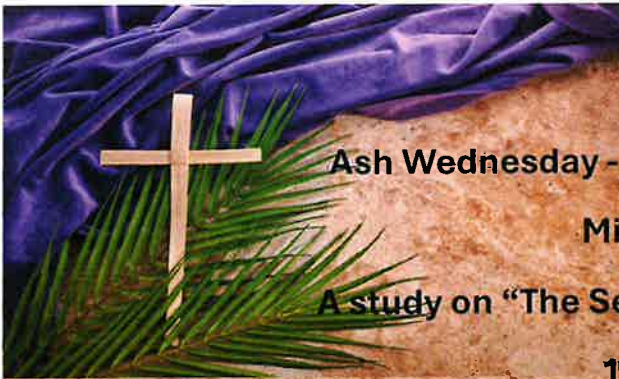
following the 9:30 a.m. Worship Service approximately 10:45 a.m.

In-person in the Reception Room on Zoom (link to be sent in an email.)

If you need a Proxy Vote or an Absentee Ballot please contact the church office by February 3rd.



ANNUAL  
**CONGREGATIONAL  
MEETING**



## Schedule for Lent

**Ash Wednesday - February 18 - Noon Service in the Sanctuary**

**Mid-Week Soup and Scriptures**

**A study on “The Seven Last Words” lead by Valerie Osmundson**

**11:30 Soup - 12:00 Scriptures**

**Wednesdays**

**February 25, March 4**

**March 11, March 18 and March 25**

**Palm Sunday - March 29 - 9:30 Sanctuary**

**Maundy Thursday - April 2nd - Noon Service - Sanctuary**

**Good Friday - 7:00 p.m. at First Lutheran**

## From Pastor Walter Still

“I will lead you down the best path for your life.” Psalm 32.8

Arlington Hills Lutheran Church is blessed with a spiritual legacy that has been planted deep in the souls of the faithful who are and have been nurtured in the Word and Sacraments. We know that many circumstances have brought us to a time when the Spirit has invited us to discern a path for the future about the congregation. Along the way you have made decisions regarding many important facets of your mission. We continue the path of faith with a discerning heart, and soul.

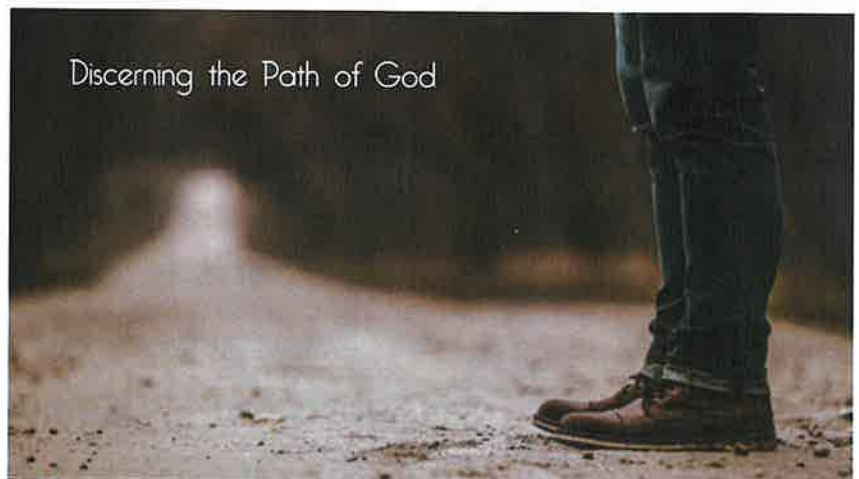
Fr Richard Rohr is a gift to the church and world as he articulates many aspects of our faith. Fr Rohr is a Franciscan theologian widely respected across faith communities. Many, like me, are blessed through the daily devotions from the Center for Action and Contemplation. His teachings regarding discernment, stated below, are relevant for our discussion in forums and meetings as we move forward.

Rohr offers a few key principles for discerning a path:

- Contemplative awareness: Discernment is a “cleaning of the lens” to see reality as it is, rather than as we fear or want it to be, using both realism and hope.
- Process, not just product: Discernment is an ongoing, practice of listening, not just a one-time answer.
- “Both/And” Thinking: Moving beyond “either/or” choices to find a deeper, more inclusive path.
- Action rooted in prayer: True discernment leads to loving action, often in the face of fear, which ultimately reveals the right direction.
- Discernment is ultimately about identifying a role in the service of the whole.

I look forward to the forums and discussions about the path that God is leading and walking with us in the treasure of the Gospel that we are blessed to share.

In Christ,  
Pr Walter+



# Pastors and Guest Preachers 2025



*not pictured - Pastor Steve Robertson*



# Music 2025



**More Music**



**Holiday Decorations**



# Celebrations



February Open Door Celebrates 20 years at AHLC



# THE SEVEN LAST WORDS OF CHRIST

The theme for our Arlington Hills Lenten Services, will be "The Seven Last Words of Christ."

What better time to study these last words of Jesus on the cross than during Lent?

Historians tell us that Jesus was crucified at 9:00 AM on a Friday morning and he died 6 hours later. Those six hours were no normal six hours. Christians believe that they were the most critical hours in history. What happened during those six hours changed the world. The Passion was both a historical event and a theological event that transformed the world.

Those at the foot of the cross could hear Jesus, but what they were hearing was maybe not the whole story behind those brief words. Why did the Gospel writers think it important to record and ponder these words? On the surface, they seem pretty brief and simple, but let's study them in a deeper way. How are they relevant to us in today's world? They may be brief, but they are remarkable, relevant and profound. Though some think these words were words of despair, they were words of Victory for the Christian!

I am excited to begin this series during our Lenten Services on  
Wednesday, February 25th at 12:00. Lunch first at 11:30!  
Valerie Robertson-Osmundson



**NEXT BIBLE STUDY: MONDAY, FEBRUARY 5, 2026**

Hello Bible Study friends! We are studying the Book of Daniel.

Come join us the first Mondays of the month at 1:00 p.m.

in the Reception Room for Scriptures and Desserts.

Come "feast" on both!

## TRUSTING IN THE RESURRECTION



We pray for the families of:

**Jeffrey Young** who passed on November 19, 2025

**Doris "Dorie" Wiehe** who passed on January 12, 2026

**Betty Swanson** who passed on January 16, 2026

**Ron Hanson** who passed on January 21, 2026

Almighty God, source of all mercy and giver of comfort,  
graciously tend those who mourn,  
that, casting all their sorrow on you,  
they may know the consolation of your love;  
through your Son, Jesus Christ our Lord.

Amen.

## SUNDAY WORSHIP VOLUNTEERS

Date	Assisting Ministers	Communion Assistants	Ushers	Hospitality
February 1	Mary Kowitz Jon Helgason	Mary Kowitz Jon Helgason	David Almquist Tom Brackey	Jon & Kare8 Helgason
February 8	Diane Allmendinger Cheryl Hollman	Elaine & Charles Rohrbach	David Almquist Wayne Hansen	Valerie & Orval Osmundson
February 15	Barb Schmidt Jim Persoon	Jim Persoon Barb Schmidt	Florence R Dennis R David Almquist	Cheryl Hollman Judy & Michelle Hanggi
February 22	Valerie and Orv Osmundson	Janine Almquist Florence Rasmusson	Elaine & Charles Rohrbach David Almquist	Sally Keller and Cindy Schreiber

## FINANCIAL SUPPORT

Your generosity of spirit and money makes all that we are as a church and a community possible. Please consider making an online donation by filling in the form found on our website. Your contribution will be processed by our secure payment center.

You may also mail your donation by cash or check, payable to:  
Arlington Hills Lutheran Church  
1115 Greenbrier Street - St. Paul, MN 55106.  
**Thank you for your support!!**

**End of Year Giving Statements are available for pick up on  
Sunday, February 1st in the church office, after that date they will be  
mailed out.**

### Financial Report Card

	2025		2024	
	Current	YTD	Current	YTD
<b>Revenue</b>				
<i>December</i>	\$ 44,481.65	\$ 415,107.81	\$ 48,765.94	\$ 404,809.53
<b>Expenses</b>				
<i>December</i>	\$ 48,866.84	\$ 433,935.27	\$ 46,735.13	\$ 475,980.32
<b>Surplus/ (Deficit)</b>				
	\$ (4,385.19)	\$ (18,827.46)	\$ 2,030.81	\$ (71,170.79)

## SCRIP CARDS ARE AVAILABLE IN THE OFFICE

**We have Scrip cards available in the office .** Stop by and see Mary or Chris to pick up cards that you might need for Birthday Celebrations for this month or for Valentine's Day. We also have an order form in the office for those cards that we might not have in stock right now. They usually arrive here within a week.

## LET'S CELEBRATE!

### February Birthdays

Barb Watters	February 3
David Almquist	February 4
Elaine Rohrbach	February 8
Carol Krauze	February 9
Debra Gray	February 21

## UPCOMING EVENTS

Sunday Worship Services are at 9:30 a.m. in the Sanctuary

Alley Shoppe Volunteers, Mondays and Tuesdays 9:00 a.m.

Alley Shoppe Clients - Tuesdays 9:30 a.m. - 1:00p.m.

Alley Shoppe Donations - Mondays and Tuesdays 10:00 a.m. - noon

Romeo Breakfast - Wednesday at 7:30 a.m. Perkins County Road D & WB Avenue

February 1	Worship - Forum - A Path of Discernment
February 2	Bible Study - 1:00 - Reception Room
February 3	Worship Music & the Arts Board Meeting 10:00 a.m. - Pastor's office Building User Meeting - 2:00 p.m. - Reception Room/Zoom Reception Room at 10:00 a.m.
February 4	MIF Board Meeting - noon - Reception Room
February 11	FPA Board Meeting - 5:00 p.m. Reception Room
February 14	Valentine's Day
February 16	President's Day
February 17	Congregation Council Meeting - 6:30 p.m. - Reception Room
February 18	Ash Wednesday
February 22	Forum following Worship Service
February 25	Soup and Scriptures - 11:30 Soup; 12:00 Scriptures

# CHURCH INFORMATION

## GENERAL INFORMATION

1115 Greenbrier Street  
St. Paul, MN 55106  
651-771-5501  
www.ahlc-stp.org

## SUNDAY MORNING WORSHIP

**9:30 a.m.**

In person and streaming at  
www.ahlc-stp.org

## OFFICE HOURS

**Monday - Wednesday**

9:00 a.m. - 3:00 p.m.

**Thursday - 9:00 a.m. - Noon**

**Friday - Closed**

## STAFF

**Reverend Dr. Walter Still**

Senior Pastor

651-771-5501 x 102

Email: pastor@ahlc-stp.org

**Barbara Rossow**

Organist/Choir Director

651-771-5501

Email: pianobr@aol.com

**Mary Kowitz**

Administrative Assistant

651-771-5501 x 101

Email: office@ahlc-stp.org

**Chris Vos**

Financial Administrative Assistant

651-771-5501 ext. 106

Email: finance@ahlc-stp.org



## **ALLEY SHOPPE**

**Pam Wiehe, Director**

Cell - 651-216-9074

Church Office - 651-771-5501 x 105

Email: alleyshoppe@ahlc-stp.org

## **Alley Shoppe Hours**

**Mondays**

**9:00 a.m. - Noon**

**For Volunteers**

**Tuesdays**

**9:00 a.m. Devotions for Volunteers**

**9:30 - 1:00 p.m. for Clients**

**Donations Accepted**

**Mondays and Tuesdays**

**Arlington Hills Lutheran Church**

**1115 Greenbrier Street**

**St. Paul, MN 55106**



**OUR VISION**

**“Arlington Hills Lutheran Church  
Community, A Beacon for the Kingdom  
of Jesus Christ.”**

**OUR MISSION**

**“To Spread the Good News of  
Jesus Christ to all in word and deed.”**